

Hauraki Primary School

Policy Document

Food Policy

Rationale:

The school has a responsibility under National Administration Guideline (NAG) 5 to promote healthy food and nutrition for all students.

Purpose:

- To encourage and enable students to take responsibility for their own nutrition.
- To develop programmes that are consistent across the entire school to support healthy nutrition.

Guidelines:

1. Healthy eating is promoted as part of teaching and learning programmes that are recorded in our Health Curriculum statement of the School Scheme.
2. Teachers will also use incidental opportunities to encourage healthy food choices.
3. Students are encouraged to have water bottles in the classroom.
4. Lunches that can be bought promote healthy food as much as possible in accordance with guidelines published by the Ministry of Health.
5. Parents are encouraged to provide their children with balanced lunches and are requested not to include lollies or soft drinks.
6. Parents are requested not to send food to school for other students to celebrate their own child's birthday.
7. Shared lunches will be held at the discretion of the teaching staff, taking into account the special dietary requirements of identified students.
8. When students have severe allergies to peanuts or similar, parents of children in the classes concerned are requested to avoid sending such foods in their child's lunch.
9. Sensitivity to family and cultural beliefs and practices is given consideration as the need arises.
10. Where possible, foods available at school camps, festivals, fundraisers, and other school events will be consistent with healthy eating guidelines. We acknowledge that all foods are acceptable in moderation and on special occasions staff should model this policy as much as possible.

Signed:  _____

Date: 29th August 2022

Presiding Member Hauraki School Board

Review Date: Term 3, 2025